



*Return to the LORD your God,  
for he is gracious and merciful,  
slow to anger, and abounding in steadfast love;  
Joel 2:13*

**The Fifth Sunday in Lent**  
*March 17, 2024*



Welcome to Church of Our Savior. We are a part of the Gulf Atlantic Diocese of the Anglican Church in North America. We proudly uphold the traditional faith and values of our Anglican heritage, while seeking new ways to reach people with the transformational love of Jesus Christ.

We believe that Jesus Christ is Lord and Savior over heaven and earth and that He has called those who follow Him to be His witnesses in the world. Those who put their faith in Him have been transformed by the power of the Holy Spirit into a new life, a resurrection life. We believe that because Jesus rose from the dead all people can experience the promise of abundant life through a personal relationship with Him.

The great Christian thinker C.S. Lewis once described the transformational power of walking through life with Jesus when he wrote:

**“I believe in Christianity as I believe that the sun has risen: not only because I see it, but because by it I see everything else.”**

It is our hope and prayer that as you join us you will know for yourself the unconditional love and grace of Our Savior Jesus Christ, in your own life.

The Rev. David Ball

# The Kenyan Eucharistic Rite

*During the Season of Lent we will be using the Kenyan Eucharistic Rite as our liturgy in solidarity with our brother and sister Anglicans in Africa and in remembrance that we are part of the worldwide body of Christ.*

## Welcome

*-The Congregation is invited to stand*

## Opening Hymn

### *O God Our Help In Ages Past*

O God our help in ages past  
Our hope for years to come  
Our shelter from the stormy blast  
And our eternal home

Under the shadow of Thy throne  
Thy saints have dwelt secure  
Sufficient is Thine arm alone  
And our defense is sure

Before the hills in order stood  
Or earth received her frame  
From everlasting Thou art God  
To endless years the same

O God our help in ages past  
Our hope for years to come  
Be Thou our guard while troubles last  
And our eternal home

CCLI Song # 43152 Isaac Watts | William Croft © Words: Public Domain Music: Public Domain CCLI License # 2880208

**Minister:** The Lord be with you

**People:** *And also with you.*

**Minister:** The earth is the Lord's and all that is in it

**People:** *Let the heavens rejoice and the earth be glad.*

Minister: Our help is in the name of the Lord:

**People:** *Who made heaven and earth.*

Minister: I was glad when they said to me:

**People:** *“Let us go to the house of the Lord.”*

Minister: Praise the Lord:

**People:** *The name of the Lord be praised.*

Minister: The Spirit is here:

**People:** *The promise of God.*

Minister: Let us pray together.

*Almighty God, you bring to light things hidden in darkness, and know the shadows of our hearts: cleanse and renew us by your Spirit, that we may walk in the light and glorify your name, through Jesus Christ, the Light of the world. Amen.*

## THE GLORIA

Minister: Glory to the Father

**People:** *Glory to the Son*

Minister: Glory to the Spirit

**People:** *For ever Three in One*

Minister: Be glorified at home

**People:** *Be glorified in Church*

Minister: Be glorified in The United States

**People:** *Be glorified in America*

Minister: Be glorified on earth

**People:** *Be glorified in heaven*

Minister: Glory to the Father

**People:** *Glory to the Son*

Minister: Glory to the Spirit

**People:** *For ever Three in One. Amen*

## **Praise Song**

### *Ancient Of Days*

Though the nations rage  
Kingdoms rise and fall  
There is still one King  
Reigning over all  
So I will not fear  
For this truth remains  
That my God is the Ancient of Days

*None above Him none before Him  
All of time in His hands  
For His throne it shall remain and ever stand  
All the power all the glory  
I will trust in His name  
For my God is the Ancient of days*

Though the dread of night  
Overwhelms my soul  
He is here with me  
I am not alone  
O His love is sure  
And He knows my name  
For my God is the Ancient of Days (*Chorus*)

Though I may not see  
What the future brings  
I will watch and wait  
For the Saviour king  
Then my joy complete  
Standing face to face  
In the presence of the Ancient of Days (*Chorus*)

*For my God is the Ancient of Days*

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*- The congregation may be seated.*

*-9am Service: Children age 5 through 5<sup>th</sup> grade are invited to “Splash Kids”.  
They will return during Holy Communion.*

## **The Ministry of the Word**

### *A Reading from Lamentations 5:1-22*

- Remember, O LORD, what has befallen us;  
look, and see our disgrace!
- <sup>2</sup> Our inheritance has been turned over to strangers,  
our homes to foreigners.
- <sup>3</sup> We have become orphans, fatherless;  
our mothers are like widows.
- <sup>4</sup> We must pay for the water we drink;  
the wood we get must be bought.
- <sup>5</sup> Our pursuers are at our necks;  
we are weary; we are given no rest.
- <sup>6</sup> We have given the hand to Egypt, and to Assyria,  
to get bread enough.
- <sup>7</sup> Our fathers sinned, and are no more;  
and we bear their iniquities.
- <sup>8</sup> Slaves rule over us;  
there is none to deliver us from their hand.
- <sup>9</sup> We get our bread at the peril of our lives,  
because of the sword in the wilderness.
- <sup>10</sup> Our skin is hot as an oven  
with the burning heat of famine.
- <sup>11</sup> Women are raped in Zion,  
young women in the towns of Judah.
- <sup>12</sup> Princes are hung up by their hands;  
no respect is shown to the elders.
- <sup>13</sup> Young men are compelled to grind at the mill,  
and boys stagger under loads of wood.
- <sup>14</sup> The old men have left the city gate,  
the young men their music.
- <sup>15</sup> The joy of our hearts has ceased;  
our dancing has been turned to mourning.
- <sup>16</sup> The crown has fallen from our head;  
woe to us, for we have sinned!

- <sup>17</sup> For this our heart has become sick,  
for these things our eyes have grown dim,  
<sup>18</sup> for Mount Zion which lies desolate;  
jackals prowl over it.  
<sup>19</sup> But you, O LORD, reign forever;  
your throne endures to all generations.  
<sup>20</sup> Why do you forget us forever,  
why do you forsake us for so many days?  
<sup>21</sup> Restore us to yourself, O LORD, that we may be restored!  
Renew our days as of old—  
<sup>22</sup> unless you have utterly rejected us,  
and you remain exceedingly angry with us.

Reader: The Word of the Lord.

**People:** *Thanks be to God.*

*-All stand*

Minister: We stand to hear the good news of our salvation,  
as it is written in the Gospel according to John.

### ***Gospel Lesson from John 16:16-24***

<sup>16</sup> “A little while, and you will see me no longer; and again a little while, and you will see me.” <sup>17</sup> So some of his disciples said to one another, “What is this that he says to us, ‘A little while, and you will not see me, and again a little while, and you will see me’; and, ‘because I am going to the Father’?” <sup>18</sup> So they were saying, “What does he mean by ‘a little while’? We do not know what he is talking about.” <sup>19</sup> Jesus knew that they wanted to ask him, so he said to them, “Is this what you are asking yourselves, what I meant by saying, ‘A little while and you will not see me, and again a little while and you will see me’? <sup>20</sup> Truly, truly, I say to you, you will weep and lament, but the world will rejoice. You will be sorrowful, but your sorrow will turn into joy. <sup>21</sup> When a woman is giving birth, she has sorrow because her hour has come, but when she has delivered the baby, she no longer remembers the anguish, for joy that a

human being has been born into the world. <sup>22</sup> So also you have sorrow now, but I will see you again, and your hearts will rejoice, and no one will take your joy from you. <sup>23</sup> In that day you will ask nothing of me. Truly, truly, I say to you, whatever you ask of the Father in my name, he will give it to you. <sup>24</sup> Until now you have asked nothing in my name. Ask, and you will receive, that your joy may be full.

Minister: This is the Gospel of Christ.

*People: Praise to Christ our Saviour.*

## **The Sermon**

## **The Creed**

Minister: We stand together with Christians throughout the centuries, and throughout the world today, to affirm our faith in the words of the Nicene Creed

*- All please stand*

*-Officiant and People together*

**We believe** in one God, the Father, the Almighty, maker of heaven and earth, of all that is, visible and invisible.

**We believe** in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through Him all things were made. For us and for our salvation He came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man. For our sake He was crucified under Pontius Pilate; He suffered death and was buried. On the third day He rose again in accordance with the Scriptures; He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and His kingdom will have no end.



**We believe** in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshiped and glorified, who has spoken through the prophets.

**We believe** in one holy catholic\* and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

\* *universal*

## **The Intercessions**

*- The congregation may kneel, stand, or be seated.*

Minister: Let us pray

Leader: May the bishops and leaders of our churches  
have wisdom and speak with one voice.

**People:** *Amen. Lord have mercy.*

Leader: May the leaders of our country rule with  
righteousness.

**People:** *Amen. Lord have mercy.*

Leader: May justice be our shield and defender.

**People:** *Amen. Lord have mercy.*

Leader: May the country have peace and the people be  
blessed

**People:** *Amen Lord have mercy.*

Leader: May the flocks and the herds prosper and the  
fish abound in our lakes.

**People:** *Amen. Lord have mercy.*

Leader: May the fields be fertile and the harvest plentiful.

**People:** *Amen. Lord have mercy.*

Leader: May we and our enemies turn towards peace.

**People:** *Amen. Lord have mercy.*

Leader: May the love of the Father touch the lonely, the bereaved and the suffering.

**People:** *Amen. Lord have mercy.*

Leader: May the path of the world be swept of all dangers.

**People:** *Alleluia. The Lord of Mercy is with us.*

*-The Congregation is invited to offer up their own prayers and petitions*

## **The Prayers of Penitence**

*-The Minister declares*

Hear the words of challenge and comfort our Saviour Christ says to all who follow him.

If anyone would come after me, let him deny himself, take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake will save it. (Luke 9:23-24)

Come to me all of you who are tired of carrying your heavy loads, and I will give you rest. (Matthew 11:28)

So, all of you who repent of your sins, who love your neighbors and intend to lead a new life, following the way of Jesus, come with faith and take this holy sacrament to strengthen you. Let us reverently confess our sins to Almighty God.

*-All pray together*

***Almighty God, Creator of all, you marvelously made us in your image; but we have corrupted ourselves and damaged your likeness by rejecting your love and hurting our neighbors. We have done wrong and neglected to do right. We are sincerely sorry and heartily repent of our sins.***

***Cleanse us and forgive us by the sacrifice of your Son; Remake us and lead us by your Spirit, the Comforter. We ask this through Jesus Christ our Lord. Amen.***

*-The Minister offers these words of assurance*

Almighty God, whose steadfast love is as great as the heavens are high above the earth, remove your sins from you, as far as the east is from the west, strengthen your life in his kingdom and keep you upright to the last day; through Jesus Christ our merciful High Priest. Amen.

*-All say together*

***Thank you, Father, for forgiveness. We come to your table as your children, not presuming but assured, not trusting ourselves, but your Word; we hunger and thirst for righteousness, and ask for our hearts to be satisfied with the body and blood of your Son, Jesus Christ the Righteous. Amen.***

## **The Peace**

Minister:     The Peace of the Lord be always with you.

People:       *And also with you*

*-The Ministers and People may greet one another in the name of the Lord*

## **Announcements**

### **Offering**

#### **Ways to give on Sunday morning**

- Online at [church-savior.org/give](http://church-savior.org/give)
- Text offering amt to (904) 606-1165 & follow prompts
- Place offering in the plate as it is passed

# THE HOLY EUCHARIST

*- The offerings are collected and the holy table is prepared*

## Offertory

### *There Is A Balm In Gilead*

*There is a balm in Gilead to make the wounded whole  
There is a balm in Gilead to heal the sin sick soul*

Sometimes I feel discouraged  
And think my work's in vain  
But then the Holy Spirit revives my soul again  
There is a balm in Gilead to heal the sin sick soul (*Chorus*)

If you cannot sing like angels  
If you cannot preach like Paul  
You can tell the love of Jesus  
And say He died for all  
There is a balm in Gilead to heal the sin sick soul (*Chorus*)

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*-All Stand*

## The Doxology

*Praise God from whom all blessings flow,  
praise Him all creatures here below,  
praise Him above ye heavenly host,  
praise Father, Son, and Holy Ghost.  
Amen.*

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## THE PRAYER OF THANKSGIVING

Minister: We remain standing for thanksgiving and remembrance.

*- Those who need to sit are welcome to do so*

Minister: Is the Father with us?

**People: *He is.***

Minister: Is Christ among us?

**People: *He is.***

Minister: Is the Spirit here?

**People: *He is.***

Minister: This is our God.

**People: *Father, Son and Holy Spirit.***

Minister: We are his people.

**People: *We are redeemed.***

Minister: Lift up your hearts.

**People: *We lift them to the Lord.***

Minister: Let us give thanks to the Lord our God.

**People: *It is right to give him thanks and praise***

*- The Minister Continues in prayer*

It is right and our delight to give you thanks and praise, great Father, living God, supreme over the world, Creator, Provider, Saviour and Giver. From a wandering nomad you created your family; for a burdened people you raised up a leader; for a confused nation you chose a king; for a rebellious crowd you sent your prophets. In these last days you have sent us your Son, your perfect image, bringing your kingdom, revealing your will, dying, rising, reigning, remaking your people for yourself. Through him you have poured out your Holy Spirit, filling us with light and life. Therefore with angels, archangels, faithful ancestors and all in heaven, we proclaim your great and glorious name, forever praising you and saying:

***Holy holy holy Lord***

***God of power and might***

***Heaven and earth are full of Your glory***

***Hosanna in the highest***

*- The Minister Continues in prayer*

Almighty God, Owner of all things, We thank you for giving up your only Son to die on the cross for us who owe you everything. Pour your refreshing Spirit on us as we remember him in the way he commanded, through these gifts of your creation.

On the same night that he was betrayed he took bread and gave you thanks; he broke it and gave it to his disciples, saying, 'Take, eat; this is my body which is given for you; Do this in remembrance of me'.

**All:        *Amen. His body was broken for us.***

*- The Minister Continues in prayer*

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying, 'Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this as often as you drink it, in remembrance of me.'

**People:    *Christ has died*  
              *Christ is risen*  
              *Christ will come again***

Minister: We are brothers and sisters through his blood.

**People:    *We have died together, we will rise together, we will live together.***

*- The Minister Continues in prayer*

Therefore. heavenly Father, hear us as we celebrate this covenant with joy, and await the coming of our Brother, Jesus Christ. He died in our place, making a full atonement for the sins of the whole world, the perfect sacrifice, once and for all. You accepted his offering by raising him from death, and granting him great honour at your right hand on high.

**People:** *Amen. Jesus is Lord.*

Minister: This is the feast of victory.

**People:** *The Lamb who was slain has begun his reign.*

Minister: Christ is alive for ever.

**People:** *We are because he is*

Minister: We are one body.

**People:** *We share one bread*

Minister: Draw near with faith.

**People:** *Christ is the host and we are his guests*

*-The Celebrant will receive the Lord's Supper on behalf of those who are unable to receive themselves at this time.*

*-The Lord's Supper will be distributed as congregants come forward by row, when released by the usher.*

*-All who have made the decision to put their faith in Jesus Christ and have been baptized in the name of the Father, the Son, and the Holy Spirit are invited to come and receive this Holy Communion.*

*-Gluten Free wafers are available. Please ask the Celebrant.*

## **Communion Songs**

### ***We Fall Down***

We fall down we lay our crowns  
At the feet of Jesus  
The greatness of mercy and love  
At the feet of Jesus

*And we cry holy holy holy  
And we cry holy holy holy  
And we cry holy holy holy is the Lamb*

Chris Tomlin. ©1998 worshiptogether.com songs CCLI Song Number 2437367. CCLI License #2880208.

## *Come Unto Jesus*

Come unto Jesus all you who are weary  
Come to the mercy seat fervently kneel  
Here bring your wounded hearts broken and needy  
Come unto Jesus mighty to heal

Joy of the comfortless Light for the straying  
Hope of the penitent Peace in our strife  
Here speaks the Comforter tenderly saying  
My yoke is easy my burden is light

*Come unto Jesus*

*Come unto Jesus*

*Lay down your burdens He is enough*

*Come unto Jesus rest in His love*

Come taste the Bread of Life broken for sinners  
Drink from the cup of His promise made sure  
Feast at His table as sons and as daughters  
Grace overflowing is yours evermore

*Come unto Jesus*

*Come unto Jesus*

*Lay down your burdens He is enough*

*Come unto Jesus rest in His love*

Come now and follow Him this life forsaking  
All that was gain count as nothing but loss  
Trade all this world for His kingdom unfading  
Come unto Jesus take up your cross  
Come unto Jesus take up your cross  
Life everlasting He offers to us

*Come unto Jesus*

*Come unto Jesus*

*Lay down your burdens He is enough*

*Come unto Jesus*

*Come unto Jesus*



*Lay down your burdens He is enough  
Come unto Jesus rest in His love*

*Come unto Jesus  
Come unto Jesus  
Lay down your burdens He is enough  
Come unto Jesus rest in His love  
Come unto Jesus rest in His love*

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*-All stand*

## **The Prayer of Thanksgiving**

*- All pray together.*

***O God of our ancestors, God of our people, Before whose face the human generations pass away; We thank you that in you we are kept safe for ever, and that the broken fragments of our history are gathered up in the redeeming act of your dear Son, remembered in this holy sacrament of bread and wine. Help us to walk daily in the Communion of Saints, declaring our faith in the forgiveness of sins and the resurrection of the body. Now send us out in the power of your Holy Spirit to live and work for your praise and glory. Amen.***

## **The Blessing**

Minister: All our problems

***People: We send to the cross of Christ***

Minister: All our difficulties

***People: We send to the cross of Christ***

Minister: All the devil's works

***People: We send to the cross of Christ***

Minister: All our hopes

***People: We set on the risen Christ***

- *The Minister Continues offers the final blessing*

Christ the Sun of Righteousness shine upon you and scatter the darkness from before your path: and the blessing of God almighty, Father, Son and Holy Spirit, be among you, and remain with you, always.

***People: Amen.***

## **Closing Hymn**

### ***All Hail The Power Of Jesus' Name***

All hail the pow'r of Jesus' name

Let angels prostrate fall

Bring forth the royal diadem

And crown Him Lord of all

Bring forth the royal diadem

And crown Him Lord of all

Let ev'ry kindred ev'ry tribe

On this terrestrial ball

To Him all majesty ascribe

And crown Him Lord of all

To Him all majesty ascribe

And crown Him Lord of all

O that with yonder sacred throng

We at His feet may fall

We'll join the everlasting song

And crown Him Lord of all

We'll join the everlasting song

And crown Him Lord of all

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## **The Dismissal**

Minister: Jesus said, “As the Father has sent me, even so I send you”. Go forth in peace.

***People: Thanks be to God.***

# WEEKLY ANNOUCEMENTS

Date	Service	Time
Sun, Mar 24	Palm Sunday	9a & 11a
Thurs, Mar 30	Maundy Thursday	6p
Fri, Mar 29	Good Friday	Noon
Sun, Mar 31	Easter	9a & 11a

## **Temporary Office Move Info**

**Starting April 1st** -- both COOS buildings and most paved parking will become an active construction site as the two buildings are connected. From this time until completion, we will not have access to our current building.

## **Church Office Temporary Location:**

**Beginning:** Monday, March 18, 2024  
Ocean Park Baptist Church, Education Building  
402 16th Ave S, Jacksonville Beach, FL 32250

**Can I stop by the office?** Please call to make sure COOS staff is onsite and Ocean Park Baptist doesn't have an event. We want to be courteous to our generous hosts.

**How do I contact the office?** Please call our regular office number (904) 821-8558 or email [church@church-savior.org](mailto:church@church-savior.org)

## **Volunteer Opportunity**

**Easter Sunday, March 31, 9 -10:30a**  
**Beaches Rescue & Recovery Mission (BRRM),**  
**115 1st Ave N, Jax Bch**

BRRM, a COOS ministry partner, is located in the heart of Jax Beach and provides services that end, not enable, homelessness, depression, and addictions. Help is needed for their **Outreach Easter Breakfast**. Items needed include breakfast casseroles, meats, sweets, fruit, juices, water bottles, paper goods, and YOU! Please see Zann Williams with questions. (904) 403-9399

<b>Serving This Week</b>		
<b>Service Time</b>	<b>9:00</b>	<b>11:00</b>
<b>Welcoming</b>	Mary Kay	Needed
<b>Reading</b>	Dave R	Ginny
<b>Prayers of the People</b>	Butch	Barbara B
<b>Ushers</b>	Bill B	Kim & Mark
<b>Altar Guild</b>	<b>Set: M.A. Reset: Mary-Stuart Take Down: Ginny</b>	

# CHURCH *of Our* SAVIOR

## **Clergy**

The Very Rev. David Ball, Senior Pastor  
 The Rev. Chuck Holliday, Asst Pastor of Evangelism & Discipleship  
 The Rev. Canon James McCaslin, Assisting Priest  
 The Rev. Bruce Ford, Assisting Priest

## **Office Staff**

Chris McCarthy, Business Manager  
 Jen Crews, Connections Coordinator  
 Roxane Andrade, Operations Coordinator  
 Buff Wagner, Treasurer

## **Ministry Staff**

Patti Brodeur, Pastoral Assistant  
 Debbie Godwin, Music Director  
 Roxane Andrade, Nursery Director  
 Gracie Ball, Interim Children's Ministry Director

## **Vestry**

Trey Mamo - Sr Warden Kent Steen- Jr Warden  
 Abby Conolly, Debby Fliger, Theresa Mason, Mike Parsons,  
*Monthly Vestry Meeting: 3rd Tuesday of the Month at 6pm*

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2092 Beach Blvd, Jax Beach FL  
 904-821-8558 | church-savior.org | church@church-savior.org  
 Church Office Hours: Monday-Thursday, 9am-3pm